



# Karunyavarsham Charitable Trust

# ANNUAL REPORT

2024-2025





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# Acknowledgement

We would like to express our heartfelt gratitude to all those who have supported Karunyavarsham Charitable Trust, Kalamassery, throughout the year. Your unwavering commitment, generosity, and compassion have been instrumental in enabling us to provide essential Palliative Home Care and support to those in need. We are deeply thankful to our staff, volunteers and donors, especially individual donors and partner organizations whose combined efforts have made a significant impact on the lives of the vulnerable and underprivileged in our community. We are thankful to Federal Bank Hormis Memorial Foundation, South Indian Bank Foundation, K.Chittilappilly Foundation Sitaram Jindal Foundation for their trust and support showered upon us.

We also extend our sincere appreciation to the local authorities, Government Healthcare institutions-General Hospital Ernakulam and Dist. Hospital Aluva for their invaluable collaboration and support in our mission. Together, we have been able to make a difference, offering hope, comfort, and a better quality of life to those who need it most.

In this connection, we take this opportunity to thank Sri Manoj Muthedan, President, District Panchayat, Ernakulam for his immense support and encouragement to establish a Home Based Cancer Care Project under the District Hospital, Aluva.

As we look ahead, we remain committed to our mission and are grateful for the continued trust and support of our community. Thank you for being an essential part of our journey.

Sincerely,

Karunyavarsham Charitable Trust

*Connecting with compassion- comprehensive Health care to cancer Fighters*

# INTRODUCTION

## ABOUT THE TRUST

Registered in the year 2013 (No 122/IV/2013), holds 12A and 80G status, we also obtained CSR1, and Darpan Registration. An apolitical and non-religious Trust serving the needy Cancer Patients without any discrimination.



## HISTORY OF THE ORGANISATION

The initiative was born out of a visit to the Medical College Hospital at Kalamassery, Ernakulam, where the sight of numerous hungry individuals deeply moved us. What began as a humble effort to provide meals on Sundays, Soon it became a formalized programme aimed at reaching and supporting hundreds of people in need within the community.



## VISION

Help the patients to recover from their illness by way of nutritious food and medicines and make them fit to earn their livelihood and thereby participating in the Nation Building.



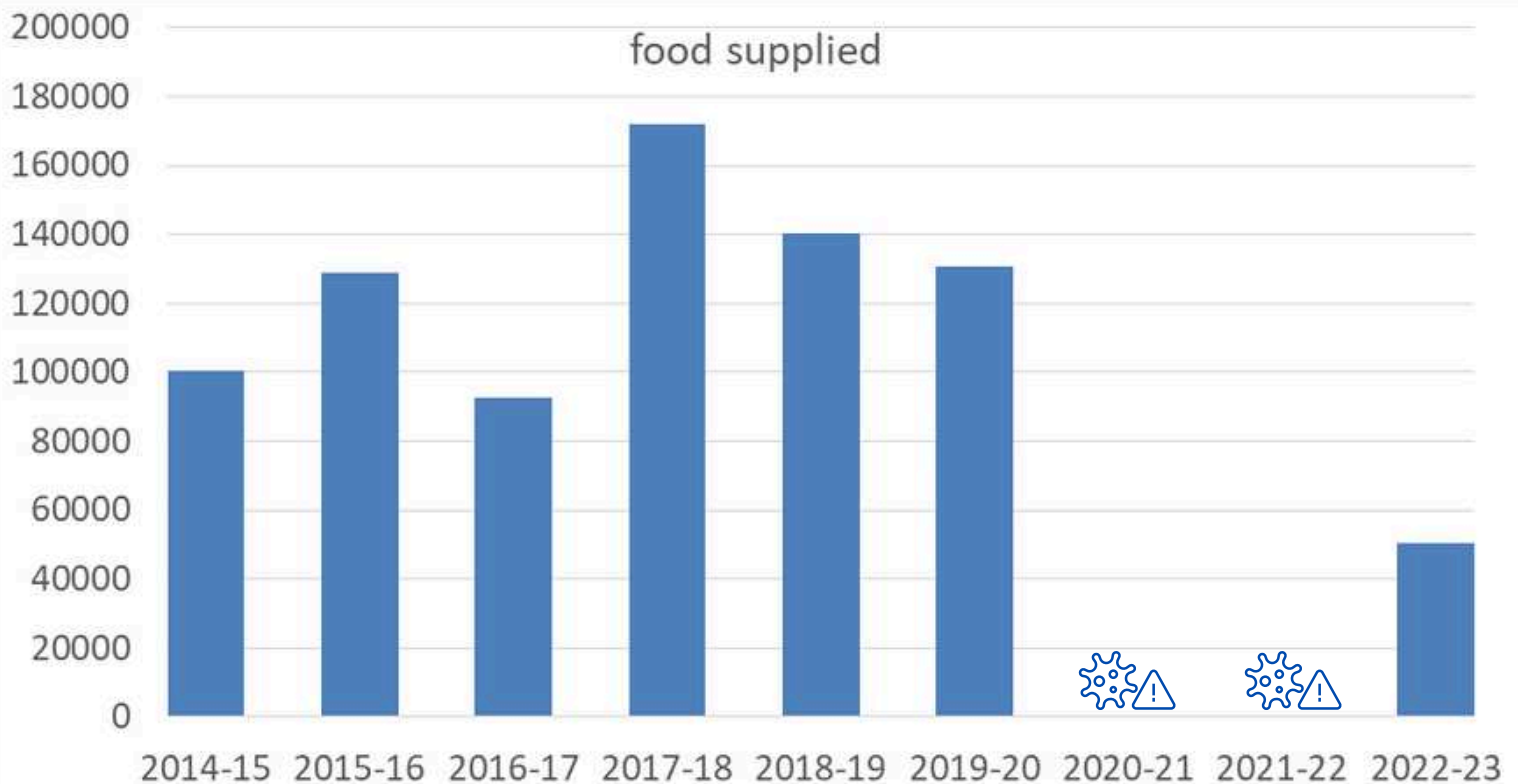
## MISSION


Feeding the poor, caring for the sick and providing means of livelihood to sustain.



# Hospital without Hunger

Since 2011, the Trust has been providing food to patients and their bystanders, continued this service until 2022, except for a two-year hiatus during the pandemic. The programme will continue once the new CCRC become operational.



 Covid-19 pandemic

# Palliative Home Care

Cancer is one of the most degenerating and chronic conditions and care for the affected is vital in numerous ways. The Trust has started Integrated Home-Based Cancer Care to the cancer-affected, chronically ill and other bedridden individuals and their family members. The service include : Vitals checking—Blood Pressure, Blood sugar, Pulse, Oxygen level, Dressing of long pending uncured wound/surgical wound slough cutting, colostomy care, Lymphedema care, bandaging, exercise, Tracheostomy care, PRE, Finger evacuation, enema, high enema, Medicine care, S/C injection, I/V fluid, I/V injection, Ascites tapping, catheterization, bladder wash, mouth care, sponge bath, PEG tube feeding, Ryles tube feeding, back care, Chemotherapy Medicines, Pain Management etc. psychosocial and spiritual support like counselling and therapy.



# Activities during the year 2024-25

For 2024-25 the Trust continues its Home Based Cancer Care service offering special Care to cancer patients in their houses registered under Palliative care Department in Govt. Dist. Hospital, Aluva and General Hospital Ernakulam. We provide comprehensive compassionate care directly to the patients ensuring medical, nursing and emotional support tailored to their unique needs especially for individuals who require long-term care, that itself completely free.

This programme promotes treatment adherence, reduces Hospital visits and enhanced comfort and quality of life for patients and their families. Team of trained Nurses, volunteers visit each patients in regular intervals. If found necessary doctor visit also arranged.

The focus of this activity is to offer free Home Based Cancer care within Cochin Corporation, 5 Municipalities and nearby 10 Panchayat limits. The Trust collaborates with various organizations and Govt. Hospitals to ensure that these essential services reach to the most vulnerable and under-served members of our society. The Trust helps to improve the quality of life of cancer patients and their families, offering them hope and better chance of recovery.



## Seminars for the patients

We conduct seminars for the patients to make them fit to fight against their disease. Awareness classes are also organized for general public to familiarize the spirit and need of palliative care in our society.



## Well-being beyond Survival

Numerous activities such as forming support groups, organizing Picnics, Pilgrim trip Distributing gift packets on special occasions and hosting gatherings and celebrations. Organizing seminars / motivation classes to make life happier during and after the treatment period. A fulfilling life is the gift we can provide to people at the end of their care.





# Patient Birth day celebrations

We celebrate the birth days of the patients in their houses to make the day memorable to them.



# Pilgrimage Trips

We organized pilgrimage trip for the patients as per their request .





# Hand holding support

We are instrumental in giving financial support to complete the construction of house of a patient and arranged utensils and household articles to ensure a dignified living.



In addition to providing medicines and injections, we also support cancer patients by supplying essential comfort and care devices. These include hospital coats, wheelchairs, walkers, BiPAP machines, oxygen concentrators, air beds, and other supportive equipment. These provisions help improve the quality of life for patients, especially those receiving care at home.



## Boat cruise

World Cancer Day is being celebrated every year with Boat cruise in Arabian Sea with food and entertainment to Patients.



## Gifts to the patients on special occasion

Usually we are distributing gift packets to patients every year. This year we delivered new year gifts to patients under our care.



# Palliative Care Home cum Short Stay Home

We plan to establish a Palliative Care Home cum Short Stay Home for cancer patients near the Cochin Cancer Research Centre, Kochi. Located within three kilometers of Kalamassery, this facility will provide accommodation for cancer patients requiring palliative care, along with one by-stander, who come for treatment in Hospitals at Kochi.



*This is a conceptual illustration intended to represent the vision and atmosphere of a Palliative Care Home cum Short Stay Home.*

# IMPACT CREATED



**Meals Served in Hospitals 8,48,810**



**Holistic Care Provided**

Integrated medical, psychosocial, and spiritual support for enhanced well-being



**New patient registrations 485**



**Volunteers Engaged 1,096**



**Emergency End-of-Life Care Calls**

Attended immediately with compassion

# PLAN FOR THE FUTURE

support for economically vulnerable cancer patients

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## CHALLENGE :

- Treatment adherence Frequent hospital visits
- Lack of affordable accommodation
- Burden of daily travel



## PROPOSED SOLUTIONS:

### NEW FACILITY NEAR CCRC, KOCHI

Palliative Care Home cum Short Stay Home Within 3 km of Kalamassery.

Accommodation for cancer patients + one bystander



### EXPANDED COVERAGE

Extend Home-Based Cancer Care Covering all Panchayats & Municipalities in Ernakulam Revenue District With support from well-wishers, corporates, and institutions .



### MEDICAL SUPPORT SERVICES

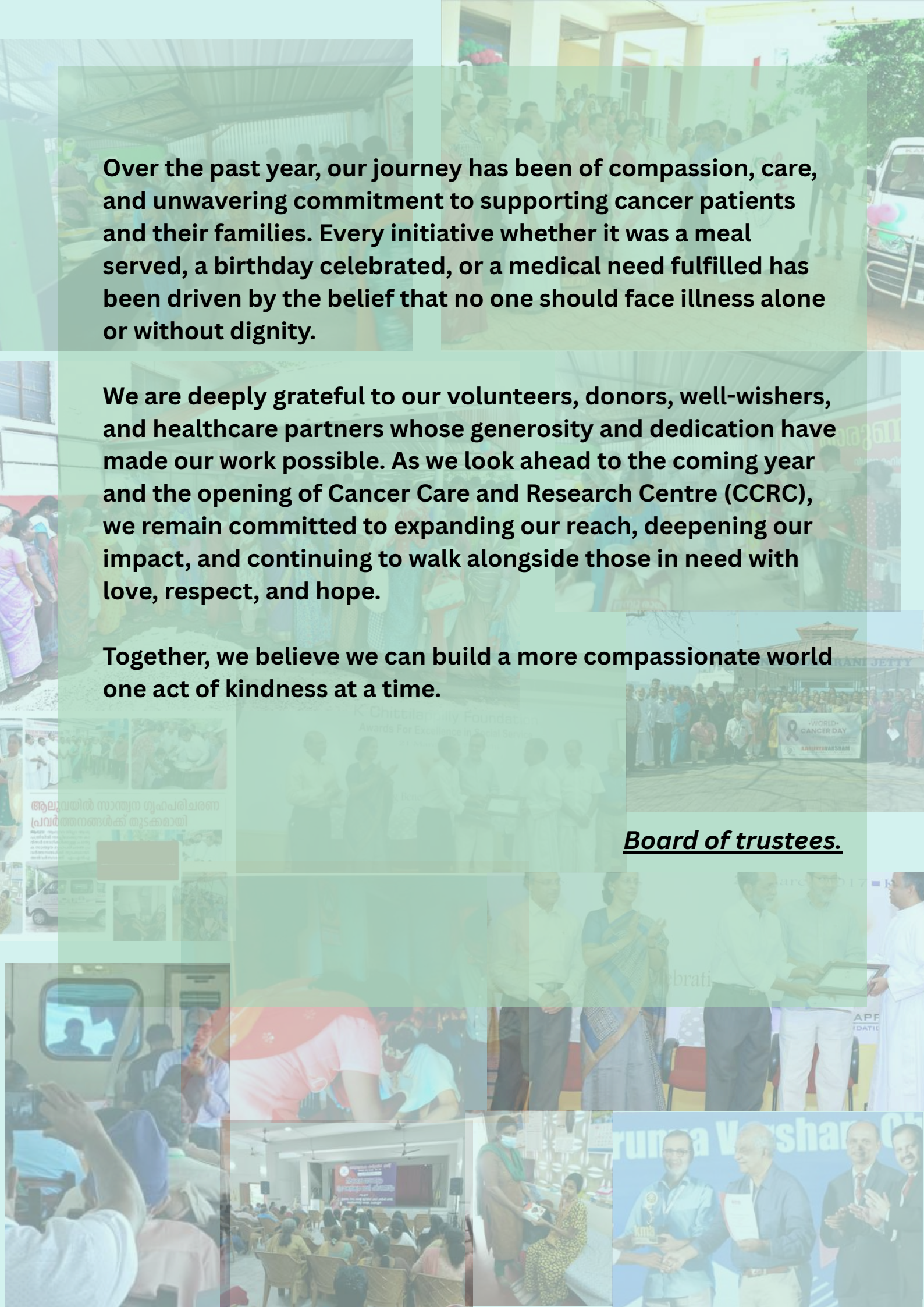
Patient Service Ambulance Hearse (Type E Ambulance).



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## JOIN THE MISSION

*Together we can provide vital care and support to the most vulnerable, transforming Lives and giving hope where it's needed most.*



Over the past year, our journey has been of compassion, care, and unwavering commitment to supporting cancer patients and their families. Every initiative whether it was a meal served, a birthday celebrated, or a medical need fulfilled has been driven by the belief that no one should face illness alone or without dignity.

We are deeply grateful to our volunteers, donors, well-wishers, and healthcare partners whose generosity and dedication have made our work possible. As we look ahead to the coming year and the opening of Cancer Care and Research Centre (CCRC), we remain committed to expanding our reach, deepening our impact, and continuing to walk alongside those in need with love, respect, and hope.

Together, we believe we can build a more compassionate world one act of kindness at a time.

**Board of trustees.**



# KARUNYAVARSHAM

CONTACT US TO GET INVOLVED

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## Our Banking details

Bank Acct :

Federal Bank Ltd, Acct. No 19470100066780,  
IFSC: FDRL0001947, Pathadipalam Br.



South Indian Bank Ltd, Acct. No.0522053000004254  
IFSC: SIBL0000522, Thrikkakara Br



*Support us in serving those who suffer in silence*