

**KARUNYAVARSHAM CHRITABLE TRUST MNRA 134, LISIEUX,  
MAVELINAGAR, CHANGAMPUZHANAGAR P.O., COCHIN- 682033.**

**karunyavarsham@gmail.com**

**9446315690 /9447195690/9446335690**

## **WORKING OF THE TRUST**

*The less of sickness, the more of growth*

## **SEVENTH ANNUAL WORKING REPORT 2019-20**

### **Introduction**

The year 2019-20 was a year- a year of mixed response for Karinyavarsham. Our projects were running smoothly. But due to the two epidemic/pandemic occurrence in Kerala, Neepa and KOVID 19, our activity centre, Government Medical College Hospital, either curtailed admission of Inpatients or completely closed for patients other than Kovid 19 patients. Similarly the repair work of Hospital Wards also affected the intake of patients. So our activities were affected seriously. Finally we have to close down the activities till the KOVID 19 is over in Kerala. Government Medical college hospital is a corona treatment centre in Ernakulam District, and so we cannot continue there.

Our **Hospital without Hunger Project**-- Our Kitchen in Govt. Medical college Hospital, Ernakulam, Kalamassery for providing free meals to the patients, was working till March1st week after that it was closed until further directions from

the Principal. We have been serving dinner every day for all the inpatients and their bystanders, who collected food coupons for the day and also for the patients and by-standers newly admitted. We have an agreement with the Principal of the Government Medical College, Ernakulam, Kalamassery for running the kitchen for free supply of food to the patients. Our services are well appreciated by the authorities and the patients. Now we are supplying on an average 450-500 plus dinner every day to the patients and their bystanders. We have supplied 1, 30,000 meals this year even with the frequent close down/repairs of Wards.

Our other activity – ~~SAHAI~~ - **Integrated Palliative Home care Service for Cancer patients** is progressing as expected in Ernakulam District, Kerala. Our volunteers are doing exemplary service. We have a great salute to them for the selfless service rendered by them. Karunyavarsham is always caring for hospitalized and bed ridden Cancer patients with special attention by providing meals, Grocery kits, home care service, Medical Aid etc. This year we could conduct 933 Home Care patient visits.

We associate with Cochin Cancer Research Centre, Kalamassery, Kochi. We visit the houses of the OP patients of the Cochin Cancer Research Centre, within days of the list of patients received from CCRC so that the patient will get continuous Medical care from the beginning of the treatment. Necessary nursing care is provided to them on the spot. In case they need further medical advice, which can be provided to them on the spot by contacting the doctor concerned in CCRC over phone.

### **Guiding Principles of Karunyavarsham:**

**Our mission** is to provide Medical succour wherever we can and also to channelize resources from those who have it, to those who need it. To feed the poor, care for the sick, and to provide means of livelihood to sustain.

**Our vision:** To help the patients to recover from their illness by way of nutritious food and medicines and make them fit to

earn their livelihood and thereby participating in the nation Building. The advancement of the nation depends upon the Health of the citizens.

## **. THE YEAR 2019-20:**

During the year 2019-20, we have improved our activities and the Project- **HOSPITAL WITHOUT HUNGER**- in Government Medical college Hospital, Ernakulam, Kalamassery, Kerala. As usual, during the year, we have concentrated more in our prime activity- **HOSPITAL WITHOUT HUNGER** - and also improved the activities of **SAHAI**- a Project-- Integrated Home care Programme for Cancer Patients and to the bed-ridden/old aged patients.

The support given to us by M/S K. Chittilappilly Foundation, M/S Cochin Shipyard , M/S Jindal foundation, Vincent De-Paul Society, Thrikkakara, Meals on Wheels, Bharat Mata College, Manorama Sales Corporation, Manav Jagriti Foundation etc. are remembered with thanks at this moment. M/S Cochin Shipyard supported us to buy a car by which we could save considerable amount on transportation.

**THE HOSPITAL WITHOUT HUNGER:** This year we could serve 130000 meals to patients in the Government Medical college hospital. We incurred an expenditure of Rs.15, 77,000.00 towards the Hospital without Hunger Project.

The **SAHAI** - Integrated Home Care Project for Cancer patients. It was started on the 14<sup>th</sup> of May 2018 using our own vehicle and staff. We associate with Cochin Cancer Research Centre for this service. We have currently more than 303 Cancer patients in our list, to whom we visit once in a month by rotation. In this project also, the volunteer's service is the only support which helps us to push the project forward. We spent an amount of Rs.5,31,000 towards this account. The CCRC is providing List of Patients and medical advice. As the project spread over the Revenue District of Ernakulam,

our project cost has also been increased.

### CANCER PATIENTS MEET

We conducted a Cancer patients meet in January in which 40 cancer patients/ relatives participated in the function. Dr. Moni Abraham Kuriakose, Director CCRC attended the meeting and Dr. Sreeba George, Executive Director K Chittilappilly Foundation Sri Bently, Trustee, KCF, Sri Grigiri, President, Vincent DePaul Society, Thrikkakara, Fr. Joshy Puduva, Vicar St. Joseph's Parish and Sri Aju C. Mathew, Trustee attended the function. The Managing Committee St. John's Parish sponsored the function. We are thankful to the vicar, Trustee and council members of the Parish for their support.

We distributed 53 daily needs kits each costing Rs.1000/- to the needy Cancer patients, during the Meeting. After getting sufficient funds, we propose to provide Ration packets to the needy bed ridden/cancer patients.

Counseling Centre:

**ATHANI:** counseling activities at this Centre are proceeding smoothly. As the space is rent free and the service of the counselor is on voluntary basis, we have no expenses on this account.

### **Awards received:**

Karunyarvarsham was selected for the award of EXCELLENCE IN SOCIAL SERVICE by K. Chittilappilly Foundation Subsequently Lions Club Kalamassery and Lions Club Aluva awarded their Nisabtham Niswartham Awards. Kerala Management Association awarded their 1st CSR Award for NGO to us for 2017 and also their 2nd CSR Award in Health and Hygiene Sector to us in 2018

### **Resources:**

On the Income side we received Rs.35, 00,000.00 towards donation and Rs.44, 538.00 as Interest and other income.

### ***Utilisation:***

Our major expenses are:

1. Hospital without Hunger (supply of free food) Rs.1576759.06
2. House Building aid 3000.00
4. Palliative home care Rs. 530,967.00
5. Education aid Rs.44000.00
6. Bank charges Rs. 941.53
7. Electricity & water charges Rs. 45000.00
8. Telephone & postage Rs. 19321.70
9. Printing charges Rs. 8995.00
10. Rates & Taxes Rs. 4732.00
11. Repairs and Maintenance Rs .25737.00

### ***FUTURE PLANS:***

1. TO ESTABLISH A SHORT STAY HOME FOR CANCER PATIENTS - **KARUNYABHAVAN** - near the Government Medical College Hospital, Ernakulam, Kalamassery; so that we can provide free Short stay for the cancer patients who come for treatment in Cochin Cancer Research Centre. The patients and their by standees, financially sound or not, need not stay in hospital/hotel for resting and minor treatments; but they can stay in the Short Stay Home along with their bystanders peacefully with food and necessary nursing care , relax and return by next day or two. In case of any necessity they can immediately go to nearby CCRC. We also propose to establish a hospice cum palliative home for the cancer patients.

### ***Audit:***

M/S P.T. Joy and Associates, Chartered Accountants are our Auditors. They are also doing all our Accounting and Auditing and Income Tax related works. We seek their advice in all financial and accounting matters. Their sincere and whole hearted service is always a help and encouragement for us.

We sincerely thank Sri P.T. Joy L.L.B, ACA, DISA for his whole hearted support to Karunyarvarsham.

### ***Thanks to Our Advisors:***

We sincerely express our thanks to Fr. George Kanamkudom our spiritual advisor, Dr. Sebastian Champappilly, our Legal Advisor and Dr. Narayanan, our Medical Advisor who are advising us on various matters relating to various aspects of the working of the Trust.

We further thank all our volunteers for their sincere volunteering work for our HOSPITAL WITHOUT HUNGER AND INTEGRATED HOME CARE PROJECT-- SAHAI.

You are supporting us not on our request; but on your own. Your Trust on us gives encouragement for moving ahead. Actually you are the back bone of KARUNYAVARSHAM. We are expecting your Prayers and support during the days to come.

Managing Trustee

*We look behind with Thanks & Pride*

*We look forward with prayers & Hope*

**Legal Documents:Trust Registration:**

No. 122/IV/2013, dated 4-12-2013, Sub Registrar office, Kakkanad.

**PAN : AACTK3070A**

**Income Tax Registration details:**

12AA Registration No CIT (E)/CHN/12A/73/2014-15 DT 3—5—2015 of the Commissioner of

Income Tax, Kochi. **12AA Registration URN: AACTK3070A/09/14-15/T-09**

Donations to Karunyavarsham Charitable Trust is exempted from Income Tax u/s 80G(5) of the

IT Act, vide Order No CIT(E)/CHN/80G/23/2014-15 Dated, 10-12-2015 of the Commissioner of

Income Tax, Kochi. **80G Registration: URN: AACTK3070A/09/15-16/T-0082/80G.**

**NitiAyog Registration No.KL/2016/0097278**

**Our bankers: South Indian Bank Limited, Thrikkakara Br.**

**Account Name: Karunyavarsham Charitable Trust**

**No. 0522053000004254. IFSC/NEFT code: SIBL 0000522.**

**We have no FCRA Account and we receive donations only from Indian Rupee Account**

**counseling Centre: 9446335690 SAHAI- Integrated Home Care Project: 9446313690 Hospital without Hunger: 9446315690**

**BE KIND ENOUGH TO SHARE AND CARE**

**Give a little, Change a Lot.**