

KARUNYAVARSHAM CHRITABLE TRUST
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WORKING OF THE TRUST

The less of sickness, the more of growth

sixth ANNUAL WORKING REPORT 2018-2019

Introduction

The year 2018-19 was a year- a year of joy for our Hospital without Hunger-- Our Kitchen in Govt. Medical college Hospital, Ernakulam, Kalamassery for providing free meals to the patients, is working smoothly. We have been serving dinner every day for all the inpatients and their bystanders, who collected food coupons for the day and also for the patients and by- standers newly admitted and those who failed to collect food coupons on the previous day. We have an agreement with the Principal of the Government Medical College, Ernakulam, Kalamassery for running the kitchen for free supply of food to the patients. Our services are well appreciated by the authorities and the patients. Our Project name is - **HOSPITAL WITHOUT HUNGER**. Now we are supplying on an average 400-450 plus dinner every day to the patients and their bystanders. Hospital without Hunger is our main activity. We have supplied 1, 40,000 meals this year. This year the meals supplied was less compared with the last year figures. It is due to the closure of certain Wards for renovation.

Our other activity – **SAHAI** - Integrated Palliative Home care Service for Cancer patients is progressing as expected. Our volunteers are doing exemplary service. We have a great salute to them for the selfless service rendered by them. Karunyavarsham is always caring for hospitalized and bed ridden patients with special attention by providing meals, Grocery kits, home care service, Medical aid etc. This year we could conduct 1916 Home Care visits.

We have started a Cancer specialized Home Care Service – **SAHAI**- covering Ernakulam District. We associate with Cochin Cancer Research Centre, Kalamassery, Kochi. We visit the houses of the OP patients of the Cochin Cancer Research Centre, within days of the list of patients received from CCRC so that the patient will get continuous Medical care from the beginning of the treatment. Necessary nursing care is provided to them on the spot. In case they need further medical advice, which can be provided to them on the spot by contacting the doctor concerned in CCRC over phone.

Guiding Principles of Karunyavarsham:

Our mission is to provide Medical succor wherever we can and also to channelize resources from those who have it, to those who need it.

Our vision: To help the patients to recover from their illness by way of nutritious food and medicines and make them fit to earn their livelihood and thereby participating in the nation Building. The advancement of the nation is depends upon the Health of the citizens.

Our mission is to feed the poor, care for the sick, and to provide means of livelihood to sustain.

. THE YEAR 2018-2019:

During the year 2018-19, we have improved our activities and the Project- **HOSPITAL WITHOUT HUNGER**- running smoothly in Government Medical college Hospital, Ernakulam, Kalamassery, Kerala. As usual, during the year, we have concentrated more in our prime activity- **HOSPITAL WITHOUT HUNGER** - and also improved the activities of **SAHAI**- a Project-- Integrated Home care Programme for Cancer Patients and to the bed-ridden/old aged patients.

There is further scope for improvement of the HOSPITAL WITHOUT HUNGER by adding breakfast service. For want of necessary funds, we could not proceed further. The support given to us by M/S K. Chittilappilly Foundation, Jindal foundation, Vincent De-Paul Society, Thrikkakara, Meals on Wheels, Bharat Mata College, Manorama Sales Corporation, Manav Jagriti Foundation etc. are remembered with thanks at this moment.

THE HOSPITAL WITHOUT HUNGER: Earlier we were outsourcing food items but since August, 2017 onwards we could operate our own kitchen and the food is now cooked in our own kitchen and serving from the counter in the same point in the Hospital Premises itself. It helped us to avoid unnecessary expenses and could save time to a considerable extend. This year we served 140000 meals to patients in the Government Medical college hospital out of which 3519 were milk and egg supply. We incurred an expenditure of Rs.15, 36361.27 towards the Hospital without Hunger Project. We are of the opinion that during the coming year, we can reduce the expenditure further by controlling the expenditure and economy of scale in purchase expenses.

The **SAHAI** - is our Integrated Home Care service for Cancer patients. It was started on the 14th of May 2018 using our own vehicle and staff. We associate with Cochin Cancer Research Centre for this service. We have currently more than 264 patients in our list out of which 155 are cancer patients, whom we visit once in a month by rotation. We have stopped further registration other than Cancer Patients for want of resources. In this project also, the volunteer's service is the only support which helps us to push the project forward. We spent an amount of Rs.7, 86085.44 towards this account. In order to run the project as per our expectations, we require a minimum amount of Rupees five to six lakhs per year. However, we have to continue it, if our financial condition permits us. The CCRC is providing List of Patients and medical advice. As the project spread over the Revenue District of Ernakulam, our project cost will also be increased. We started the project in anticipation of the public support.

We distributed 50 Provision kits each costing Rs.1000/- to the needy patients, during Christmas Season, 2018. After getting sufficient funds, we propose to provide Ration packets to the needy bed ridden/cancer patients. We also supply. We propose to distribute 100 Provisions Kits during next year (2019-20).

Counseling Centre

ATHANI: Counselling activities at this Centre are proceeding smoothly. As the space is rent free and the service of the counsellor is on voluntary basis, we have no expenses on this account.

Awards received:

Karunyarsham was selected for the award of EXCELLENCE IN SOCIAL SERVICE FOR THE YEAR 2015-16 by K. Chittilappilly Foundation

Subsequently Lions Club Kalamassery and Lions Club Aluva awarded their Nisabtham Niswartham Awards. Kerala Management Association awarded their 1st CSR Award for NGO to us for 2017 and also their 2nd CSR Award in Health and Hygiene Sector to us in 2018

Resources:

On the Income side we had Rs.2689179.10 towards donation and Rs.34396.00 towards Interest received and Award Received 15000.00. Total income comes to Rs.2738575.10.

Utilisation:

Our major expenses are:

1. Hospital without Hunger (supply of free food)	Rs.153361.27	
2. certification charges	Rs.20000.00	
3. Flood Relief Assistance	Rs. 14000.00	
4. Palliative home care	Rs. 786085.64	
5. Education aid	Rs. 40000.00	
6. Bank charges	Rs. 2006.60	
7. Electricity & water charges	Rs. 75000.00	
8. Telephone/postage	Rs. 29402.70	
9. Printing charges	Rs. 34849.00	
10. Rates & Taxes	Rs. 3286.00	
11 Repairs and Maintenance	Rs .11978.00	

FUTURE PLANS:

1. TO ESTABLISH A SHORT STAY HOME FOR CANCER PATIENTS - ~~KARUNYABHAVAN~~ - near the Government Medical College Hospital, Ernakulam, Kalamassery; so that we can provide free stay for the cancer patients who come for treatment in Cochcin Caner Research Centre. The patients and their by standees, financially sound or not, need not stay in hospital/hotel for resting and minor treatments; but they can stay in the Short Stay Home along with their bystanders peacefully with food and necessary nursing care , relax and return by next day or two. In case any necessity they can immediately go to nearby CCRC.

5. Ambulance Service: We propose to have an ambulance for the benefit of the poor patients, who need the service of an ambulance for the transfer of patients to the other hospitals and or bringing the patients to the hospital.

Audit:

M/S P.T. Joy and Associates, Chartered Accountants are our Auditors. They are also doing all our Accounting and Auditing and Income Tax related works. We seek their advice in all financial and accounting matters. Their sincere and whole hearted service is always a help and encouragement for us. We sincerely thank Sri P.T. Joy L.L.B, ACA, DISA for his whole hearted support to Karunyavarsham.

Thanks to Our Advisors:

We sincerely express our thanks to Fr. George Kanamkudom our spiritual advisor, Dr. Sebastian Champappilly, our Legal Advisor and Dr. Narayanan, our Medical Advisor who are advising us on various matters relating to various aspects of the working of the Trust.

We further thank all our volunteers for their sincere volunteering work for our HOSPITAL WITHOUT HUNGER AND INTEGRATED HOME CARE PROJECT-- SAHAI.

We know and acknowledge the fact that our well-wishers are our support and their support by way of donation of their money and time encourage us to go ahead for a common cause. You are supporting us not on our request; but on your own. Your Trust on us gives encouragement for moving ahead. Actually you are the back bone of KARUNYAVARSHAM. We are expecting your Prayers and support during the days to come.

Managing Trustee

We look behind with Thanks & Pride

We look forward with prayers & Hope

Legal Documents:

Trust Registration:

No. 122/IV/2013, dated 4-12-2013, Sub Registrar office, Kakkanad.

PAN : AACTK3070A

Income Tax Registration details:

12AA Registration No CIT (E)/CHN/12A/73/2014-15 DT 3—5—2015 of the Commissioner of Income Tax, Kochi. **12AA Registration URN: AACTK3070A/09/14-15/T-09**

Donations to Karunyarvarsham Charitable Trust is exempted from Income Tax u/s 80G(5) of the IT Act, vide Order No CIT(E)/CHN/80G/23/2014-15 Dated, 10-12-2015 of the Commissioner of Income Tax, Kochi. **80G Registration: URN: AACTK3070A/09/15-16/T-0082/80G.**

NitiAyog Registration No.KL/2016/0097278

Our bankers: South Indian Bank Limited, Thrikkakara Br.

Account Name: Karunyarvarsham Charitable Trust

No. 0522053000004254. IFSC/NEFT code: SIBL 0000522.

We have no FCRA Account and we receive donations only from Indian Rupee Account

PayU money: <https://karunyacare.in/product/donation-to-karunavarsham-charitable-trust/>

Counselling Centre: 9446335690 SAHAI- Integrated Home Care Project: 9446313690

Hospital without Hunger: 9446315690

Web site: www.karunyacare.in

BE KIND ENOUGH TO SHARE AND CARE

Give a little Change a Lot