



KARUNYAVARSHAM CHARITABLE TRUST

MNRA 134, LISIEUX, MAVELINAGAR

CHANGAMPUZHANAGAR P.O., COCHIN - 682 033

Phone: 9446315690, 9447195690, 9446335690

E-mail: karunyavarsham@gmail.com, Website: www:karunyacare.in

WORKING OF THE TRUST

The less of sickness, the more of growth

FIFTH ANNUAL WORKING REPORT 2017-2018

Introduction

The year 2017-18 was - a year of joy. Our greatest wish to open our own kitchen in Government Medical college Hospital, Ernakulam, Kalamassery premises was fulfilled when the District collector approved our proposal for setting up a kitchen. M/s. Royal Builders Tripunithura, Hindu Economic Forum Tripunithura and Lions Club Tripunithura repaired the existing damaged shed into a kitchen. We have an agreement with the Principal of the Government Medical College, Ernakulam, Kalamassery for the establishment of a kitchen and supply of food to the patients and their by-standers. The Kitchen started its operation on the 17th of August, 2017. Slowly, we started two meals a day- lunch and dinner. As some other organization started packet meal supply during lunch time, we stopped the lunch supply and started supplying boiled milk and egg to the patients. Our service is well acclaimed by the authorities and the patients. By this, we could focus on our main activity - HOSPITAL WITHOUT HUNGER. Now, we are supplying 400 plus meals every day to the patients and their bystanders and also supply boiled milk and egg to around 140 patients every day. Our activity is a nonstop one. We have supplied 1,53,445 meals this year out of which 16,509 were supplying of boiled milk and egg. This year, we could not collect donations as we expected due the economic changes happened in the country and the resultant slowdown in the economy even though it was for a short period.

Our other activity - SAHAI- Palliative Home care Service is progressing as expected. Our volunteers are doing their service exemplarily. We have a great salute to their selfless service rendering by them. Karunyavarsham is always caring hospitalized bed ridden patients with a special attention by providing meals, grocery kits, home care service, Medical aid etc. This year, we could complete 1916 home visits.

We have started a Cancer specialized Home care service covering Ernakulam District. We associate with Cochin Cancer Research Institute, Kalamassery, Kochi. We visit the houses of patients, of the Cochin Cancer Research Centre, within days from the list of patients received from CCRC so that the patient will get continuous Medical care. If needed necessary nursing care can be provided to them on the spot without a further visit to hospital. In case, if they need, further medical advice, can be provided to them on the spot through video conferencing with the doctor concerned in the CCRC.

Guiding Principles of Karunyavarsham

Our mission is to provide medical succour wherever we can. To channelize resources from those who have it, to those who need it.

Our vision: To help the patients recover from their illness by way of food and medicines and make them fit to earn their livelihood and thereby participating in the nation building.

The year 2017-2018 gone by:

During the year 2017-18, we had improved our activities and the Project- HOSPITAL WITHOUT HUNGER. It was managed well in Government Medical college Hospital, Ernakulam, Kalamassery, Kerala. As usual, during the year, we had concentrated more on our prime activity- HOSPITAL WITHOUT HUNGER - and also improved the activities of SAHAI- a Project for Palliative Home Nursing care to the bed-ridden/old aged patients. Further improvement of the SAHAI project is under planning stage. There is further scope for improvement of the HOSPITAL WITHOUT HUNGER. For want of funds, we could not proceed further. The support given to us by Kochoseph Chittilappilly Foundation, Royal Builders, Hindu economic forum, etc. are remembered with gratitude at this moment.

The HOSPITAL WITHOUT HUNGER: As usual we have been outsourcing food from an agency far away from the hospital and transporting it to the hospital daily for serving. But since August, 2017 we could operate our own kitchen and the food is now cooked and served from the same point in the Hospital Premises itself. It helped us to avoid unnecessary expenses and could save time to a considerable extend. This year, we served 153445 meals to patients in the Government Medical college hospital, out of which 16509 were milk and egg supplies. We incurred an expenditure of Rs. 2000000.00 towards the Hospital without Hunger Project. We are of the opinion that during next year, we can reduce the expenditure further by controlling the expenditure and economy of scale in purchase expenses.

The SAHAI - is our Home Care service project. It was started in Feb 2015 using our own vehicle and staff with the support of the Medical College Hospital Palliative Home care service. Since April, 2016, we have been doing this service independently. We distributed 30 Ration kits each costing Rs. 1000/- to the needy patients, during Christmas Season. After getting sufficient funds, we propose to provide Ration packets to the needy bed ridden/cancer patients. We also supply air bed, wheel chair and other gadgets to those requiring it. We propose to distribute 100 food packets next year (2018-19). We have currently more than 290 patients on our list, from which we visit once in a month by

rotation. We have stopped further registration for want of resources. In this project also, the volunteer's service is the only support which help us push the project forward. We spent an amount of Rs. 401543.00 towards this account. In order to run the project as per our expectations, we require a minimum amount of Rupees five to six lakhs per year. However, we have to continue it, if our financial condition permit us. This will benefit the less privileged bed ridden patients so much.

We have converted our existing Home care Project to a Specialized Integrated Home care Programme with the support of the Cochin Cancer Research Centre. We have already started the project. Accordingly we have to provide the entire infrastructure facilities and the CCRC shall provide medicine and medical advice. We have started the project on the 14th of May, 2018. As the project spreads over the revenue District of Ernakulam, our project cost will also increase. We have started the project in anticipation of the public support.

The **KAITHANG** - (helping hand) is a Project for Medical Aid to the needy patients in hospital. This year, we could not proceed further in the matter. However, we paid Rs. 22000 towards medical assistance to the poorest of the poor patients in Government Medial college Hospital, Kalamassery without affecting the importance of our main project.

Counselling Centre

Athani: Counselling activities at this Centre (ACT Chambers, Palarivattom, Ernakulam) are proceeding smoothly. As the space is rent free and the service of the counsellor is on voluntary basis, we have no expenses on this account.

Web site

We have rebuilt our website, which was set up in 2016 (www.karunyacare.in); but some more work is pending. We hope the site would be fully functioning soon.

Office and Accessories

Our efforts to move the office to a spacious building has not been fulfilled for want of resources. However, we have acquired essential furniture and other items for our working.

Awards received:

Karunyavarsham was selected for the award of Excellence in Social Service for the year 2015-16 by Kochouseph Chittilappilly Foundation.

Training and Development:

In order to plan and implement projects, we have sent one of our members to National Institute of people's Cooperation and Child Development, Bangalore, Government of India for training.

Resources:

On the Income side we had Rs. 2656246.05 towards donation, Rs. 13464.00 towards Interest received. Total income came to Rs. 2669710.05.



A scene from the inaugural day food supply at our “Hospital Without Hunger” project at Government Medical College Hospital, Ernakulam



Integrated Home Care Programme



Food Serving by KCYM Kalamassery



Food Serving by Women Welfare, Changampuzha Nagar



Food Serving by Vincent De Paul, NGO Quarters



Food Serving by MG Rajamanickam IAS



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Utilisation:

Our expenses are as follows: (unaudited)

1.	Hospital without Hunger (supply of free food)	Rs.	1992498.00
2.	Conveyance	Rs.	46,850.00
3.	Medical	Rs.	24091.00
4.	Palliative home care	Rs.	401543.47
5.	Education aid	Rs	30525.00
6.	Bank charges	Rs.	884.85
7.	Electricity & water charges	Rs.	46850.00
8.	Telephone charges	Rs.	45000.00
9.	Printing charges to	Rs.	14901.00
10.	Rates & Taxes	Rs.	1473.00
11.	Repairs and Maintenance	Rs.	16616.00

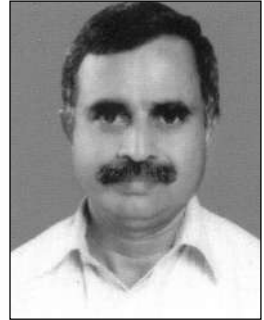
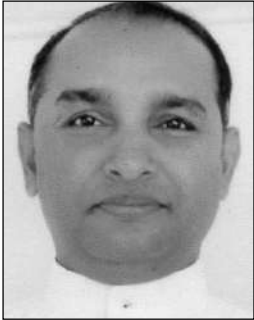
FUTURE PLANS:

1. To establish a home - **KARUNYABHAVAN** - for the cancer, paraplegia patients near Government Medical college hospital Kalamassery; so that we can provide medical and nursing care to those patients. So, the relatives of the patients, financially sound or not, need not stay in hospital; but can stay along with the Patients peacefully. Patients, who come for treatment in the proposed Cochin Cancer Research Centre in Government Medical College Campus, can also be given short stay facilities with food, relax and return by next day or two.
2. Nutritious food for expecting and breastfeeding mothers and pediatric ward in-patients. If they get proper food and medicines, the growth of the children and the community will be healthier.
3. Ambulance Service: We propose to have an ambulance for the benefit of the poor patients, who need the service of an ambulance for the transfer of patients to other hospitals and to bring the patients from the hospitals.

Audit:

M/s P.T. Joy and Associates, Chartered Accountants are our Auditors. They are also doing all our Accounting and Auditing and Income Tax related works. We seek their advice in all financial and accounting matters. Their sincere and whole hearted service is always a help and encouragement for us. We sincerely thank Sri P.T. Joy L.L.B, ACA, DISA for his whole hearted service to Karunyavarsham.

Thanks to Our Advisors:



We sincerely express our thanks to Fr. George Kanamkudom our spiritual advisor, Dr. Sebastian Champappilly, our Legal Advisor and Dr. Narayanan, our Medical Advisor who are advising us on various matters relating to various aspects of working of the Trust.

We further thank all our volunteers for their sincere volunteering work to our Hospital without Hunger and Integrated Home Care Projects.

We thank Smt. Stella Stephen for her support for maintaining the website, project preparation etc. on time.

We thank all of you for your timely support through donation for running the activities of the Trust. We thank all those who built the kitchen for us especially Sri. Unni, Royal Builders, who coordinated the activities. We also thank Sri. Narayanan, Municipal Secretary, who guided us to get the sponsors for building kitchen. We know and acknowledge the fact that you are donating us not on our request; but on your own. Your Trust on us gives us encouragement for moving ahead.

I am happy to thank all those who are supporting us through their good advice and by donating their time and money. Actually, they are the back bone of KARUNYAVARSHAM. We are expecting your Prayers and support during the days to come.

Managing Trustee

We look behind with Surprise

We look forward with prayers

KARUNYAVARSHAM CHARITABLE TRUST

MNRA 134, Changampuzhanagar, Cochin - 682 033

Phone: 9446315690, 9446335690

Legal Documents:

Trust Registration No. 122/IV/2013,
dated 4-12-2013, Sub Registrar Office, Kakkanad.

PAN : AACTK3070A

12AA Registration No. CIT (E)/CHN/12A/73/2014-15 DT 3 – 5 – 2015
of the Commissioner of Income Tax, Kochi.

12AA Registration: URN: AACTK3070A/09/14-15/T-09

Donations to Karunyavarsham Charitable Trust is exempted from
Income Tax u/s 80G(5) of the IT Act, vide Order No
CIT(E)/CHN/80G/23/2014-15 Dated, 10-12-2015
of the Commissioner of Income Tax, Kochi.

80G Registration: URN: AACTK3070A/09/15-16/T-0082/80G.

NitiAyog Registration No. KL/2016/0097278

FSSAI Regn.: 21317182000295

Our Bankers:

South Indian Bank Limited, Thrikkakara Branch
Account No. 0522053000004254. IFSC/NEFT Code: SIBL 0000522

Counselling Centre: 9446335690

SAHAI- Integrated Home Care Project: 9446313690

Hospital without Hunger: 9446315690

BE KIND ENOUGH TO SHARE AND CARE