

# **WORKING OF THE TRUST**

## **The less of sickness, the more of growth**

### **KARUNYAVARSHAM CHARITABLE TRUST**

#### **FOURTH ANNUAL WORKING REPORT 2016-2017**

##### **Introduction**

The year 2016-17 was a mixed year- a year of joy and also of disappointment. We thought we could open our own kitchen during this year for preparation of food for our main activity- HOSPITAL WITHOUT HUNGER. But somehow it slipped out of our hands. Donations have also not increased as we expected because of the monetary reforms happened in the country. Many people suddenly became jobless even though it was for a short period. Many patients admitted in the hospital approached us for financial assistance for meeting their immediate medical requirements. But we could not attend most of the cases because our income has not increased as we expected. Karunyavarsham is always caring for hospitalized bed ridden patients with special attention by providing meals, food packets, home care service, Medical aid etc. But many times our hands are tied up for want of resources.

##### **Guiding Principles of Karunyavarsham**

Our mission is to feed the poor, care for the sick, and to provide means of livelihood to sustain. The advancement of the nation is not so much to support its weakest or helpless citizens but the gifted are with health and talents.

##### **THE YEAR 2016-2017 GONE BY:**

During the year 2016-17, we have improved our activities and the Project- **HOSPITAL WITHOUT HUNGER**- was managed well in Government Medical college Hospital, Ernakulam, Kalamassery, Kerala. As usual during the year we have concentrated more in our prime activity Hospital without Hunger and also improved the activities in SAHAI- a Project for Palliative Home Nursing care to the bed ---ridden/old aged patients.

The HOSPITAL WITHOUT HUNGER As usual we have been outsourcing food from an agency far away from the hospital and transporting it to the hospital daily for serving. This year we served 137000 meals to patients in the Government Medical college hospital. Our effort to get a space allotted for a kitchen was nearly fulfilled but somehow it slipped through our fingers.

One gentleman allotted us a space for a kitchen in his compound, and we built a temporary shed there. But after completing the work, we could not use it due to some technical issues and so had to abandon the site. However the landlord, understanding our position refunded the amount spent by us

on that account. We sincerely acknowledge his generosity. After that we approached so many individuals and companies for a sponsorship but it has not come through.

The SAHAI- Care giving project was started in Feb 2016 using our own vehicle and staff with the support of the Medical College Hospital staff. From April, 2016 onwards we have been doing this service independently. We have no sponsors so far for the project. We distributed 22 food kits each costing Rs.1000/- to the needy patients, during Christmas. After getting sufficient funds, we propose to provide food packets to the needy bed ridden/cancer patients and also to supply air bed, wheel chair and other gadgets to those requiring it. We propose to distribute 100 food packets during next year. We have currently more than 250 patients in our list, which we visit once in a month by rotation. We have stopped further registration for want of resources. In this project also the volunteer's service is the only support which helps us to push the project forward.

Sometimes we feel the need for a doctor's consultation at least once in a month. But for the time being, we do not have resources for getting a doctor's service for our project

The KAITHANG – (helping hand) is a Project for Medical Aid to the needy patients in Hospital. This year we could not proceed further in the matter so as to give importance to our main project.

For our Project – SAHAI-- we spent considerable amount from outside main budget. In order to run the project as per expectations, we require a minimum amount of Rupees five or six lakhs per year. However, we have to continue it, if our financial condition permits us. This will benefit the less privileged bed ridden patients so much.

## Counseling Centre

The activities at this Centre are proceeding smoothly.

## Web site

A web site was set up on 3rd May, 2016 and is being managed and maintained by a firm free of cost. However we are not happy with the operation of the web site, since it is not getting updated as frequently as we wish. We propose to rebuild it shortly incorporating all the features about our activities.

## Office and Accessories

We do not have a separate office even now. However we have acquired essential furniture and other items for our working.

## Awards received:

We have pleasure in informing that M/S Kochouseph Chittilappilly Foundation selected us for their Excellence in Social Service Awards 2015-16 and we were awarded a Merit Certificate and a Cash

Award of Rs.20, 000/ in March 2017. It is recognition for the Trust for its sincere efforts in the field of social Service and we accepted it with humbleness.

## Training and Development:

In order to plan and implement projects, we have sent two of our people to National Institute of people's Cooperation and Child Development, Bangalore, Govt of India Institute for training.

## Resources:

On the Income side we had Rs.27, 46,050.00 towards donation, Rs.15, 353.00 towards Interest received and an Award amount received from K.Chittilappilly Foundation Rs.20, 000.00 . Total income comes to Rs.27, 81403.00.

## Utilisation:

Our expenses are as follows:

1. Hospital without Hunger (supply of free food)	Rs.20, 78,202.00
2. Conveyance	Rs.46, 100.00
3. Medical	
4. Salary	Rs.144, 500.00
5. Staff welfare	Rs. 22, 666.00,
6. Fuels expenses	Rs. 33, 934.22,
7. Accounting charges	Rs. 10, 000.00
8. Professional charges	Rs. 18, 000.00
9. GST	Rs. 3, 240.00,
10. Printing charges	Rs. 17, 438.00
11. Telephone charges	Rs. 11, 511.00
12. Repairs and Maintenance	Rs. 4, 759.00,
13. Insurance charges	Rs. 1, 909.00,
14. Training and Development	Rs. 1000.00,
15. Postage	Rs. 562.00
16. Rates & Taxes	Rs. 697.00,
17. Bank charges	Rs. 402.00
18. Depreciation is	68, 652.00.
19. Balance carried forward to 2017-18	Rs.123, 980.27

## FUTURE PLANS:

1. To establish a kitchen in the hospital campus for preparation of food so that we can serve quality food on the spot. We have been trying to get sanction for the same from the concerned authorities.

2. To establish a home for the paraplegia, cancer and stroke patients near the Medical college hospital so that we can provide physiotherapy and training and rehabilitate them suitably. Patients, who come for chemotherapy in the Medical College, can also be accommodated.

4. Nutritious food for expecting and breastfeeding mothers and pediatric ward in-patients. If they get proper food and medicines, the future growth of the children and the community will be healthier.

5. Ambulance Service: We propose to have an ambulance for the benefit of the poor patients, who need the service of an ambulance for the transfer of patients to the other hospitals and or bringing the patients to the hospital and transferring dead body to their houses.

## **Audit:**

M/S P.T. Joy and Associates, Chartered Accountants are our Auditors. They are also doing all our Accounting and Auditing and Income Tax related works. We seek their advice in all financial and accounting matters. Their sincere and whole hearted service is always a help and encouragement for us. We sincerely thank Sri P.T. Joy ACA, DISA for his whole hearted service to Karunyavarsham.

## **A Word of Thanks**

We sincerely express our thanks to Fr. George Kanamkudom our spiritual advisor, Dr. Sebastian Champappilly, our Legal Advisor and Dr. Narayanan, our Medical Advisor who are advising us on various matters relating to Home care of the Trust in time. That is why we could run the Trust in a commendable manner.

We further extend our thanks St. Vincent DePaul Society, St. Antony's conference N.G.O.Qrs, Jeevakarunyanidhi, St. Josephs Parish, Kalamassery, Women Welfare Association Fatima Matha Parish Changampuzha Nagar, Little Flower Parish, Thrikkakara, Sri V.T.Raphel, Kuttikattukara, Sri Sebastian and Metilda Kochuplackal, Sri Paul and Bindu Kureekal, Manorama Sales Corporation etc. etc. for their continued support and encouragement to us.

We sincerely thank K Chittilappilly foundation for selecting us for the Excellence in Social Service Award (Cash award and memento). They are also supporting us in running the Trust both by words and by donations.

We thank Prof. K.M. Joseph, Jose Kandathil, Blessy Jose, Mathukutty, who are the back bone of SAHAI, Home care Project. Their sincere service provides a ray of hope to the patients who are bed-ridden.

We thankfully remember our volunteers Sri Varghese K.A., Biju, Mathew, Franklin, Johnson, Benny, Sebastian, Pius, Joseph etc. etc. for their sincere work for our Hospital without Hunger project.

We further thank Smt. Stella Stephen for her support to us for maintaining the website, projects preparation etc. on time.

We thank all of you for your timely support through donation for running the activities of the Trust. We know and acknowledge the fact that you are donating us not on our request; but on your own. That is our confidence that lead us ahead.

I am happy to thank all those who are present here and also to those who are unable to be present today. You're the back bone of KARUNYAVARSHAM. Our activities are going on as expected, even though there are some problems, which can be sorted with the support of good minded people without delay.

We are expecting your Prayers and support during the days to come.

Managing Trustee

*We look behind with Surprise We look forward with prayers*

#### **PRACTICAL DIFFICULTIES IN OUR WORKING**

The trustees and volunteers are doing the volunteering work without break for the food distribution. That itself is the success and weakness of the trust. But if we go for two meals a day, we need the services of paid employees such as cook, helper, driver etc. In addition we have to find out a vehicle for transportation of rice, vegetables, and transport of food to the Hospital etc. In addition, we have to find out a rented building for kitchen purpose and find out other supporting items for kitchen such as gas, utensils, waste management etc which itself come around three /four lakhs. Paid employees for food distribution is also required as the trustees and volunteers may not be able to extend their service twice a day in Hospital.