

KARUNYAVARSHAM CHRITABLE TRUST  
MNRA 134, LISIEUX, MAVELINAGAR,  
CHANGAMPUZHANAGAR P.O., COCHIN- 682033.  
karunyavarsham@gmail.com www:karunyacare.in  
9446315690 /9447195690/9446335690

## WORKING OF THE TRUST

*The less of sickness, the more of growth*

### **THIRD ANNUAL WORKING REPORT 2015-2016**

The Projects undertaken by the Trust in the year were reviewed as follows:

He further explained that we inaugurated a Counseling Centre at Palarivattom, Ernakulum for providing free counseling to the patients in distress and told that it is working smoothly. It was started on the 11<sup>th</sup> January, 2016. We are providing free Counseling service to the needy. People who attend the counseling once, is usually followed it up through phone at the convenience of both so that they need not travel all the way to Ernakulam. It helps people in distress very much. The services rendered by Smt. Thresiamma John, Counselor are to be worth mentioning now and Karunyavarsham is thankful to her for her free service to the Trust.

The second service we started was a Palliative Home Care service

We started the Palliative Home care officially on the 1<sup>st</sup> of February. Initially we provided home care along with Home Care team of Govt Medl. College Hospital, Kalamassery. After collecting home addresses of patients, we started our service independently. Now we have been serving 190 patients every month. Now we can support the bed ridden patients at their door steps. Our services are entirely free. We provide them nursing care at their door step. We conduct Blood sugar test, blood pressure test, supply of air bed, wheel chair, back rest etc according to their requirements.

Currently, we are covering Keezhmadu, Edathala, Kalamassery, Thrikkakara, Eloor, Choornikkara local body areas. We are not covering the entire patients' in these areas but we serve whatever patients have been come to our notice either patients direly or through their well-wishers. We could also provide food kits to the selected patient's families. It is noticed with sadness that so many paraplegia patients, who are in bed for years do not have specialized rehabilitation center in our District. As and when we get a sponsor, we have to do something for

these ill-fated patients. So that they can have physiotherapy, nursing care, food and shelter, job training and job as they can lead a dignified life independently.

It is high time to take up the matter with the State Govt that the paraplegia patients, who require so many certificate for getting a nominal pension. To them go to the village office or other Govt offices are not an easy task. Our roads and offices have to be free accessible to physically handicapped ones; so that they can go to the offices in wheel chair. The validity of such certificate is to be life time and can be usable in all offices. Our services are somehow managed with tiny donations from philanthropic people. Our efforts to find out a sponsor for any of our projects have not come to reality so far.

In this connection, we remember with thanks for the volunteer service provided by Prof K.K. Joseph to Karunyavarsham without considering his inconvenience. The service provided by our Staff Nurse, Blessy Jose is to be remembered at this time with appreciation.

We are thankful to the support provided by Sri Sebastian K. John, K Chittilappilly Foundation, and Trinity Builders Otherwise the Palliative Home care Project would not have come into force now. They helped us to Purchase a car for Home Care.

Finally the Trust's main project is the Nutritious food supply to Patients in Govt Hospital, Kalamassery. Currently, as we know, we are concentrated in one centre only i.e.in Kalamassery.

We started the Nutritious food supply in Government Hospital, Kalamassery in 2011 for 150 persons. But during this year, we could improve the coverage to 140000 patients. This year the Number of patients improved further, which in turn increased the requirement of food. Our sources of funds are from tiny donations from individuals. The requirement of funds is not met by these donations. We now approach individuals in person to increase the number of donors for this cause. We approached the District Collector for his help. As we impressed him the need for the food supply, and also he has visited our food supply point twice, he immediately directed the State Nirmithi Kendra to prepare an estimate for a kitchen in the Hospital premises. Accordingly, they have prepared an estimate for Rs. 60 lakhs. On getting the estimate, he wrote to the GAIL for support under their CSR scheme. If they accept the proposal, we can have a kitchen for preparation of food. On getting the kitchen we have to serve three meals a day. Our last year expenditure towards Nutritious Food supply account was Rs.19, 45200.00, compared to last year's expenditure of Rs.15, 61,250.00. During the current financial year 2016-17, the amount will be increased by 15-20% due to the increase the number of patients as well as the increase in cost of food. Slowly, we have to move to dietary food distribution to the Women and Child ward. The inpatients in these wards are from underprivileged groups. The support from the volunteers for distribution for serving food is to be appreciated very much as every-day they come and serve the needy with much interest and satisfaction. They spend their valuable time for this great cause. We are very much thankful to the Hospital authorities, staff and students for their continued support and encouragement in this regard. We are also thankful to , Vincent De Paul Society, St. Antony's conference, NGO Qrs, Women welfare Association, L.F. Parish, Thrikkakara, Women welfare Association, Fatima Mata Parish, Changampuzha Nagar, KCYM, St. Joseph's Parish, Kalamassery, .MEALS ON WHEELS, Bharath Mata College,Thrikkakara, Vincent De Paul society, Lourdes Mata conference, Thevakkal, Vincent Depaul Society, Pius Xth Conference, Kalamassery, Manorama Sales Corporation, Edappally, for their continued support to our programme. In addition so many individuals are also supporting us. We are also thankful to them for their financial as well as personal support. We are also thankful to the Princiapal, Govt Medl. College Ernakulam, Medical superintendent,Govt Medl.College Hospital,Ernakulam , R.M.O. Govt Medl. College Hospital and the staff and students, who are supporting us in this task.

The Meeting has also discussed about the proposal for setting up of a Rehabilitation Centre for Paraplegia Patients. When we conducts home visits, we notices that so many paraplegia patients, who are bed-ridden for so many years, have no room for contact for other people, entertainment, income, travel etc. If we can set up a Rehabilitation Centre, we can provide them with proper Physiotherapy, job training, part time jobs, stay, medical aid etc. Only thing prevent us from this project is its cost and running expenses. Land and Building, equipment

Meeting also discussed the idea of an Ambulance for use to the needy patients in Medical College Hospital. Many of them are helplessly trying to get a conveyance to/fro journeys to hospital/houses. This is to be sorted out without wait. Search for a sponsor is to be imitated.

To Open a Jan Oushadi store in and around Medical College Hospital, Kalamassery is one of our goals. To get a room is the main head ache.. Meeting decided to enquire about the possibility of getting sponsor.

The meeting also discussed the possibility of getting a spacious office with office equipment so that it can work more effectively.

The meeting thanked to all those associated with the Trust and prayed to continue their support in the coming years for providing better service to the needy without delay.

The meeting concluded at 6.15 P.M.

MANAGING TRUSTEE

*We look behind with surprise*

*We look forward with prayers*