

Second Annual General Body meeting(2014-15) of the Karunyavarsham Charitable Trust held on 2nd October, 2016 at the Registered office of the Trust at MNRA 134, Changampuzha Nagar, Cochin 682 033.

Members Present:

1. Sri Jose Parappilly, Managing Trustee
2. Sri Augustine Chirayil, Trustee
3. Smt. Thresiamma John, Joint Managing Trustee.

Special Invitees

1. Prof. K.M. Joseph, D.D. Golden Gate, Palachuvadu, Padamugal, Kakkakand
2. Sri Jose Augustine Mathews, Technical Consultant Paint & Fine Chemicals, Saumya Nagar, SRA C3, Alinchuvadu, Cochin-6820 24.
3. Sri Jose Mathew , Retired employee Kochi Refineries Limited, Ambalamugal, Kochi

The meeting started 4.00 P.M. with silent Prayers.

The Managing Trustee Welcomed all the members and invitees present and attending the meeting. He explained about the working of the Trust from the beginning to till to date. He presented the Accounts (Audited) for the year 2015-16). He also explained the details of the expenditure under each head. The 2nd annual General Body Meeting was delayed as we were waiting for the audited report and Income Tax assessment. The assessment for the Assessment year 2015-16 and 2016-17 is over on the 2nd February, 2017. He further informed that, if the Board of Trustees also agrees, next year onwards we need not wait for the Income Tax assessment to convene the Annual General Body Meeting. He further informed that we propose to conduct the 3rd AGM by May, 2017 as we received the Audited accounts for the Assessment year 2016-17(FY 2015-16) and Income return also filed.

WORKING OF THE TRUST

Existing Projects

SUPPLY OF FOOD

CURRENT SCENARIO

As you are all aware, we started serving of food to the needy in Government Medical college Hospital, Ernakulam, Kalamassery on the 10th of April, 2011 by giving one meal to all the patients on every Sundays. Now we are distributing dinner on all days and in addition, lunch on all Sundays round the year without break. Currently we are serving 325 meals a day to the patients. In Many days we are unable to serve sufficient food to all the patients in queue. For want of our own kitchen, we have to depend on others for preparation of food. Our requests for a kitchen space and a space for

distribution of food have not been successful till date. Now the patients are increasing day by day; but our resources are not increasing as we expected. At present we are not spending even for small publicity of our activities for want of resources, which lead to the fact that we don't have a well designed brochure. During the year under discussion, we could serve 1, 10,000 meals to the needy patients in the Government medical Collage Hospital, Ernakulam, Kalamassery. Our Project is very much appreciated by the patients and the public as we are working without grants from Government or CSR funds. All these activities are carried out with the support of philanthropic individuals. At this juncture we remember with thanks the major role played by St. Vincent De Paul Society, St. Antony's Conference, NGO Quarters, Meals on Wheels, Bharat Mata College, Thrikkakara, Assisi Care Programme, Kakkanad, Manorama Sales Corporation, Edappally, Chittilappilly Foundation. Among the volunteers, the members of St. Vincent De Paul Society , Lourdes Mata Conference, Thevakkal, St Pius Xth Conference, Kalamassery, Manjummal are very much laudable as they come and serve food on many days in a week.

PRACTICAL DIFFICULTIES IN OUR WORKING

At present, the Trust has no paid employees for food distribution. The trustees and volunteers are doing the work without break. That itself is the success and weakness of the trust. But if we go for two meals a day, we need the services of paid employees such as cook, helper, driver etc. In addition we have to find out a vehicle for transportation of rice, vegetables, and transport of food to the Hospital etc. In addition, we have to find out a rented building for kitchen purpose and find out other supporting items for kitchen such as gas, utensils, waste management etc which itself come around three /four lakhs. Food distribution staff is also required as the trustees and volunteers may not be able to extend their service twice a day in the Hospital.

INCOME

During the year 2014-15, we received an amount of Rs. 19, 33,150 towards donation and an amount of Rs.10435.00 towards S.B. Account interest. Total income comes to Rs. 19, 43,585. As stated above, we are getting donations mostly from individuals and from some organizations they represent.

MEDICAL AID:

Another activity of the Trust is Medical Aid. The patients, who are admitted in Government. Medical college Hospital, Ernakulam, is mostly from backward classes and financially not sounds. Hence they are almost in a helpless state to find out money for their treatment, especially scanning charges, ambulance charges and other costly medicines. On many days we receive requests for financial support for their treatment as mentioned above. But as our main objective is distribution of food, we are not able to attend to such requests. In some particular case we received donations for the medical expenses and we spent it accordingly. Next year also we propose to do so. Normally, on receipt of request, we remit money in the cash counter of the Hospital, and ask them to avail the facility. In certain deserving cases, we reimburse the medical bills.

EXPENSES

As stated above we received Rs. 19,43,585.00 towards income (donation) and spent Rs.15,61,150 towards food aid and 1,24,127 towards Medical aid, Rs.40,000.00 towards conveyance of food, Rs.12,000 towards Printing charges Professional charges 16,854.00 including Service tax of Rs.1854.00. Accounting charges Rs.12,000.00, Rates and Taxes 9,100.00, Postage Rs.1,800.00 etc.etc. Surplus amount of Rs.1,64,854.00 carried forward to next year

Audit

Our Auditors are M/S P.T. Joy and Associates, who have done our accounting and auditing, IT return and 80G Return filing etc free of charges. On all Financial Matters they are giving us guidance. We at this time remember them with thanks, especially the Proprietor Sri P.T. Joy FCA, DISA.

VOLUNTEERING

As stated above the Volunteering work done by the members of the St. Vincent De Paul Society, Lourdes Mata conference, Thevakkal, the members of the St. Vincent De Paul Society, St. Antony's conference, Thrikkakara, MEALS ON WHEELS, Bharat Mata college, Thrikkakara. St. Vincent DePaul Society, Kalamassery, Manjunal, Women welfare Associations Thrikkakara We appreciate their free service with much gratitude.

FUTURE PLANS

COUNSELING CENTRE

Next year we propose to start a Family counseling Centre. One of our Trustees, Smt. Thresiamma John, who is a Post Graduate in Applied Psychology will lead the counseling Centre. She has immense experience in the field of counseling.

PALLIATIVE HOME CARE SERVICE (MOBILE MEDICAL CARE)

Our Next Programme is to Start a Palliative Home care Service. During the Patient visits in Govt Medical College Hospital, Kalamassery many patients admitted have bedsores due to long bed ridden conditions due to paralysis or otherwise. On discussion with the patients and their bystanders it is learnt that they are getting the services of nurses from PHC once in a month. May be due to lack of time to spend with each patient, the team speedily distributes some medicines and materials for dressing but; they have no time to spend with the patients for their psychological needs.

Hence there is a need for certain patients for the services of a trained Nurse and volunteer for meeting their medical and psychological needs. In order to fill that gap we propose to start a free Home care service to the patients at their door step. We may also provide them some small medical gadgets, medicines counseling, occasional food supply etc.

REHABILITATION CENTRE

Another project we propose is to start Training cum Rehabilitation centre for the spinal injured and Cancer patients. Many such patients are isolated, helpless and moneyless. If we can provide a place for joining together, give some medical relief; provide them some kind of training and small jobs which will encourage them to fight against their loneliness, despair, we can give them a ray of hope. The major obstacle is to get land. We require at least 50 cents of land for the project. If we get the land, we can construct the building with the Govt. Grant. The kitchen can be utilized for Food supply in Medical College Hospital also. So there will be reduction in cost.

AMBULANCE

As we are, in the service of the needy in Government. Medical college Hospital, Ernakulam, Kalamassery, often the patients requests for ambulance service. Now we are unable to meet their request for want of ambulance or ambulance hire charges, except one or two cases. So within a reasonable time, we have to acquire a life support ambulance for the use of the patients in the same hospital and otherwise also.

HELP FOR EXPECTING MOTHERS AND PEDIATRIC SUPPORT.

Children and expecting Mothers are most vulnerable to complications and they want Nutritious food for their betterment. If they get proper food and medicines, the future growth of the children and the community will be healthier and they can lead a better life than a child with illness, in their childhood. At present in the Hospital Govt is providing milk to the BPL patients. So a large chunk of the patients are out of the coverage area. There is a need to support the remaining patients as these patients are also from poor families and are bed ridden and are not in a position to go for work or earning money for their daily needs.

WOMEN EMPLOYMENT AND EMPOWERMENT

It is also a major factor to be attended to as the employment to Women. It means that when we help the family to survive. Health of women is the wealth of the Nation. On getting the services of a proper Project Consultant, we have to enter into this field. All these projects are expected to be executed on priority basis subject to availability of funds

I am further happy to inform you that according to the NITIAYOG web site as on date, It is learnt that there are 25412 NGOs registered with Niti Ayog and out of which 1463 NGO have furnished all the details required by the Govt. Karunyavarsham Charitable trust is one among them. It is only because of the fact that we have taken much care for transparency in our activities

COMMENTS AND SUGGESTIONS

After the initial introduction, the Managing Trustee invited all the members present to share their views so that the functioning of the trust will be more democratic and open to the public Prof K.M.Joseph suggested that we may print a brochure for using in every occasion so that we can reduce the printing

cost. It is also suggested by Sri Joseph that we may advertise for a piece of land for establishing a rehabilitation /Short stay centre for bedridden patients.

The meeting was concluded with a hope that we can improve the quality of our services to the needy and the activities can be extended to more and more areas.

The meeting was disbursed at 5.45 P.M. with a thanks giving prayer.

MANAGING TRUSTEE